

The Court Report

Volume 5, Issue 3

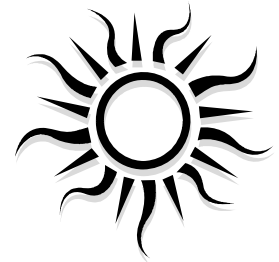
Huntsville Athletic Club

March 2006

IT'S CAMP TIME AT HAC!

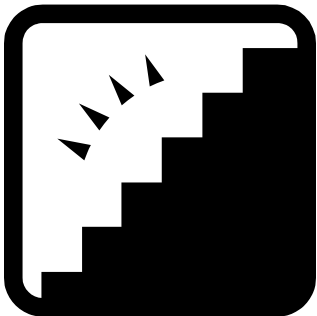


- D. Knott's 3 Sports Camp
- March 20th - 24th, 9am to 12pm
- Sign up at the Front Desk!
- Camp is \$85 for members, \$95 for non-members
- Snacks provided!



IT'S NOT TOO LATE...

Swimsuit season is around the corner- don't be insecure this year about how you look! Workout hard now and the reward will make all of the effort worth it!



March is not a Contest Month...

...so set your own goals! Try running flights of stairs and watch your pants size drop. It's almost summer, and it's time to get those thighs and buns in shape. Give it a month and YOU WILL see the difference!

HAC's Hours
Mon. - Thurs. 5:30 am. to 10:30 pm.
Fri. 5:30 am. to 9 pm.
Sat. & Sun. 8:00 am. to 9 pm.

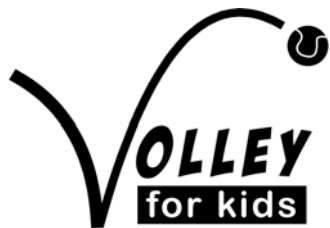
Nursery Hours:
Mon. - Thurs. 8 am to 7pm
Friday 8 am to 2 pm
Remember: No nursery hours on the weekends!!

Restaurant Hours
Mon. - Thurs. 8 am - 9 pm
Fri. 8 am - 3 pm
Sat. 11 am - 2 pm
Sun. 2:30 pm - 8 pm
(All hours subject to change!)

Phone 256-881-0931

Fax: 256-881-0934

www.hsvathleticclub.com



Results for the Volley for the Kids Tennis Tournament 2006

Men's 3.0 Doubles

First Place: Christian McMeans / Randy Sparks
Second Place: Don Hyde / Stu Nosky

Men's 3.5 Doubles

First Place: Michael Lanier / Paul Williams
Second Place: Thomas Battle / Tom Dean
Consolation: Rick Hartman / Scott Hartman

Men's 4.0 Doubles

First Place: Charles Cornelison / Phillip Moore
Second Place: Fredrick Jefferson / Paul Williams
Consolation: Stephen Kee / Ricky Narrell

Men's Open Doubles

First Place: Patrick Curry / Christopher Shearburn
Second Place: Doug Clemons / Joe Pester
Consolation: Steve Connelly / Steven Sumners

Women's 3.0 Doubles

First Place: Cheryl Piette / June Woo
Second Place: Cindy Reaves / Pam Vickroy
Consolation: Shannon Freeman / Cheryl Matthews

Women's 3.5 Doubles

First Place: Melissa Jose / Sherri Shamwell
Second Place: Thanh Boyer / Pamela Chandler
Consolation: Martha Bethshares, / Jean Coshow

Women's 4.0 Doubles

First Place: Peggy Newberry / Leila Rowan
Second Place: Tamera Balch / Laurie Roberts
Consolation: Leigh Anne Luther / Penny Sumners

Mixed 6.0 Doubles

First Place: Erin Sutherland / Tom Sutherland
Second Place: Sue Rogers / Jeff Rogers
Consolation: Paul McAllister / Joani Strickland

Mixed 7.0 Doubles

First Place: John Boyer / Thanh Boyer
Second Place: Mark Harrison / Barbara Stevens
Consolation: Thomas Strickland / Joani Strickland

Mixed 8.0 Doubles

First Place: Fredrick Jefferson / Laurie Roberts
Second Place: Nelson Bond / Tracy Bond
Consolation: Ralph Lauder / Dottie Robinson

Mixed Open Doubles

First Place: Kimberly Coots / Patrick Curry
Second Place: Christopher Shearburn / Sybil Shearburn
Consolation: Steven Sumners / Penny Sumners



Pre-Alabama State Junior Clay Court Open Camp

When: Mon. 3/20 - Thurs. 2/23
Time: 12pm - 2pm
Cost: \$100 full session *or*
\$30 per day

Sign up at the Front Desk!

NOTICE



Six of our outdoor clay courts will be unavailable April 1st and 2nd for the Alabama State Junior Clay Court Championships!

March Junior Development starts Monday, March 6th and ends Thursday, March 30th. No Junior Development the week of Spring Break!

If you are not receiving information about tennis by email, then Steve does not have your email address! Steve sends out a broadcast message addressed to "Tennis Folks" when HAC is having tournaments, when an open court is available for play and other tennis news. If you would like to receive this information send an email to sales@hsvathleticclub.com.

Drop In Clinics



Jennifer

Monday 7:30 - 8:30 pm

Paul

Early Bird - Friday 7:30 - 8:30 am
Nooner - Thursday 11 am - 12 pm

Chris

Eye Opener Tuesday & Thursday 6:30 - 7:30 am
Ladies Only, 2.5 - 3.0 Tuesday 7:30 - 8:30 pm

Look!

New Tennis Pro Rates, effective March 1st:

(per hour)

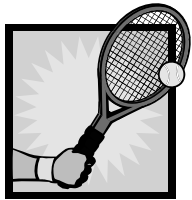
1 person	\$46
2 people	\$26 each
3 people	\$20 each
4 people	\$17 each
5 or more	\$15 each

ALL DROP IN CLINICS-
\$14 for members,
\$21 for non-members
(per hour)



All Drop In Clinics are now \$14 for members and \$21 for non-members.

OTHER NEWS



Members, please take the time to demo some of the new tennis racquets in our Pro Shop! Also, we are going to have some new men's clothing with

the HAC logo available. If you see something or want something that we don't have available, just ask! We'll be happy to special order it for you!

Free Dues Winner
Brenda Reinhart

Guest Fee Policy Amended...

We have had several members comment about the difficulty in knowing how many times a guest of theirs has been to the club. In order to make it easier on our members, we are going to try again to set up a policy that works best for the club and for the membership. So here goes:

Our guest policy as of March 15th is:

The first time a guest comes to this facility to play tennis, there will not be a guest fee charged. The guest fee from that point forward will be \$20 (plus court charges if playing indoors). **This does not mean that everyone can now come one time free.** The free visit is valid **only** if they have **never** visited before.

We all know that sometimes there are special circumstances- you might have relatives in from out of town, or a friend visiting from Birmingham, etc.. If you believe you have such a situation, talk with Steve or Lynda and they will be more than happy to work something out. Thanks!

MARCH 2006 CLASS SCHEDULE

TIME	SUN	MON	TUE	WED	THU	FRI	SAT
5:45 AM.		Step Lenny		Step Lenny		Step Lenny	
7:45 AM.		Pilates INT. (downstairs) Rebecca Zurn		Pilates BALL (downstairs) Rebecca Zurn			
9:00 AM.			Cardio Sculpt Anna Maria				Step Lenny
9:15 AM		Beginner Pilates (downstairs) Jana		Beginner Pilates (downstairs) Jana		Beginner Pilates (downstairs) Jana	
10:30 AM							Step Lenny
12:00 PM							** Fencing
2:00 PM							Fencing Practice
4:00 PM	Step Lenny						Fencing Practice
4:30 PM		Ladies Circuit Leigh Anne	Ladies Circuit Leigh Anne Step Lenny	Ladies Circuit Leigh Anne	Ladies Circuit Leigh Anne Body Shaping Anna Maria		
5:00 PM	Yoga Nirml					Step Lenny	
5:30 PM		Body Shaping Anna Maria	Kickboxing Leigh Anne Yoga (restaurant area) Ann	Step Lenny Ballroom Dance Neal Reisel	Pilates (downstairs) Jana Yoga (restaurant area) Nirml		
6:00 PM						Fencing Practice	
7:00 PM		Step Lenny	Fencing Practice	Step Lenny	Step Lenny		ALL TIMES ABOVE ARE SUBJECT TO CHANGE.

Classes are no additional cost to members and \$5.00 per class for non-members.

***Fencing Class. Limited to 12 people ages 12 and up. *Fencing costs—\$90 for 8 weeks. *For information call Brian Parker at 881-5957.

